

# Dishes and Their Allergen Content PICKNIX MENU FOOD ALLERGEN



	Cereals (Gluten)	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
BASES														
Sweet Potato Mash														
Brown Rice									X					
Vegetable Cous Cous	X													
Pasta	X													
PROTEIN														
Steak														
Salmon				X										
Chicken														
Halloumi							X							

# Dishes and Their Allergen Content PICKNIX MENU FOOD ALLERGEN



	Cereals (Gluten)	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
<b>SALADS</b>														
Pak Choi/Tofu/Ginger						×					×			
Harissa/Green Bean							×							
Picknix Potato Salad							×			×				
Tomato/Mozzarella/Pesto							×	×						
Picknix Coleslaw						×			×	×		×		
Courgette/Orzo	×						×							
Sweetcorn/Avocado													×	
Squash/Rocket										×		×		
Greek Salad							×							
<b>SAUCES</b>														
Picknix BBQ						×				×		×		
Picknix Herb 'N' Garlic														
Picknix Salsa														